

SMOKE SIGNALS

The Newsletter of the Shawnee Hills Property Owners Association

April 2009



**Gabion Baskets Installed
at Shawnee Lake**

See Page 7

Visit Shawnee Lake's web site: www.shawneelake.org

Watercraft Stickers for 2009

Starting on April 5th (one hour before and one hour after the annual meeting) and every Saturday for 6 weeks after, boats stickers can be purchased without hassle from 11:00 A.M. - 1:00 P.M. at the boat ramp. **2008 Stickers expire on April 5th so don't forget!**

Although each board member will have stickers to sell throughout the season they may not be available to sell you stickers at your convenience, so take advantage of the lower rates for those **SIX** Saturdays!

Don't Forget To Bring...

- **2009 Membership Card**
- **Proof of Ownership**
 - Title and/or Registration*
 - Bill of Sale (smaller craft that do not carry a title, i.e., paddle boats)

*Titles must have been transferred over into the member's name, not just signed over on the reverse side.

Please Note:

It is required that the name on your membership card and on the watercraft title and/or registration match.

No Exceptions will be allowed.

2009 Yearly Rates

Watercraft Stickers

Pre described dates\$20.00

All other dates\$40.00

Community Building

Rentals\$250.00

(Includes \$50 refund and 25 passes to the beach when open)

Please call Joyce Swearingen (675-6241) to schedule events

Beach fees

Children ten and under\$.50

All others over the age of ten.....\$1.00

Mowing

Per unimproved lot\$150.00

Note: All unimproved lots are to be mowed in May, July & September. (Per the By-laws)

Building Permits*\$100.00 ..\$200.00

Security Deposits*.....\$200.00 ..\$500.00

**Please call Karen Sullivan (675-6672) or Joe Clingman (675-2831) for more information on building permit and security deposit pricing.*

REQUIRED PLACEMENT OF SHPOA BOAT STICKERS



SHPOA TRAILER STICKER MUST BE PLACED ON THE TONGUE OF THE TRAILER ON THE LEFT SIDE.

SHPOA STICKERS MUST BE PLACED IN THE MIDDLE OF EACH SIDE OF THE WATERCRAFT IN THE BEST VISIBLE LOCATION.

No Sticker Sales on the 4th of JULY!

Shawnee Hills Community Lunch with the Easter Bunny



Menu: Hot Dogs, Macaroni & Cheese, Cookie

Coffee and Fruit Punch

When: Saturday, April 11, 2009

Time: 12:00 Noon

Easter Egg Hunt will start at 1:00

Where: Max Powers Community Building

Who: Anyone who is a resident of Shawnee Hills.

The Easter Egg Hunt is for ages 1-12.



Shawnee Hills Property Owners Association 2009 Annual Meeting



Property owners need to start planning for the Annual Meeting on April 5th, 2008, 2:00 PM at the Max Powers Community Building. This will also be the first availability for 2009 watercraft stickers so property owners are encouraged to attend the meeting and pick up your watercraft stickers at the same time.

Reminder:

To avoid paying a late penalty make sure your Annual Charge Payments have been made by April 1st, 2009.

Shawnee Lake Club Information



Can You Really 'Tone' Your Body?

So what is toning? The word tone simply describes the state of your muscles. When at rest, your muscles are in a constant state of partial contraction in order to be ready for action. The 'tone' of your muscles is involuntary, so you can't change it by lifting weights a certain way.

Over the years, people have taken the word 'tone' and redefined it to mean how lean we are-how defined our muscles appear. In fact, it's even a gender specific word sometimes-women go to the gym to 'tone up' while men go to the gym to lift weights. Know what? Those are the exact same things! You're limited as to what you can really change about your muscles.

This is what you can do:

- 1) Grow larger and/or stronger
- 2) Shrink smaller and/or get weaker.

If your goal is to see your muscles, your goal isn't toning-it's losing body fat. And, whether you are a man or a women, wanting to bulk up or slim down, you'll do the same kinds of exercises and training methods. The difference lies in the weights, reps and sets you'll do, as well as how many calories you take in, more if you're building muscle, less if you're trying to lose fat.

Toning should not focus on spot training of just certain muscle groups it should focus on the whole body with cardio and weights. This is what cardio workouts and weights (strength training) will do for you:

- 1) You'll build muscle, which helps with fat loss. A pound of muscle burns about 60 calories a day. A pound of fat burns about 5 calories a day.
- 2) You'll strengthen muscles and connective tissues which helps you perform better and

reduces risk of injury.

3) You'll preserve muscle mass as you age. We naturally lose muscle over time, unless we lift weights.

4) You'll improve your flexibility, stability and balance.

(Article taken from About.com Exercise by Paige Waehner)

Once again our classes are posted in Smoke Signals' Calendar of events. Check for times. We also meet at the Baptist Church on Jasper Rd. on Monday and Wednesday mornings at 8:30. We are planning our Annual Fitness Walk for May 16, 2009 all proceeds go to Neighbors Helping Neighbors that we give to throughout the year and at Christmas Time.

For information you can contact Sue at 675-2189 or Mary at 675-3863 or Tina at 675-2093.



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Shawnee Lake Club Information



Please join us for our April MEETING!

When?..... Thursday, April 16, at Noon
Where? The Max Power's Community Building
What?..... "Making Spring Mini-Gardens"
Who?..... Garden Club Members and Guests!

In March, we met at the Community Building for an evening Workshop given by Rhonda Woods. It was a full evening resulting in Members "Making & Taking" home 12 beautiful handmade baskets!

Our Hostesses, Sue Harner and Jennifer Bennett, provided a variety of delicious sandwiches, veggies and desserts to cap-off this fun event!

The April 16th meeting at the Community Building, at Noon, will include another Workshop "Making Spring Mini-Gardens". If you have any 'miniature items' you would like to use to help decorate and create your Mini-Garden, bring them along.

This meeting will be hosted by Sara McIntyre and Margaret Johnston.

Thought for the Month:

With the Crocus already in

bloom and the Tulip leaves coming up, it **IS** time to **THINK SPRING!** When you are going outside to work in your yard, be sure to warm up your muscles, then stretch, before taking on the flower beds and garden, or you could end up feeling 'sore-all-over'!

Everyone is invited to share landscaping and gardening ideas anytime, and volunteers are always needed to help keep our beautiful Community blooming.

Please remember, the Meeting this month is on Thursday, April 16th, at Noon! Call or e-mail Sarah Preston, 675-3729, or Esther Burnett, 675-2132, if you have any questions or to RSVP.

You may also RSVP to Betty Bicking at e-mail address gmbicking@woh.rr.com.





Please join us for:
**"SHAWNEE HILLS COMMUNITY
 EASTER SUNRISE SERVICE"**

The **ANNUAL EASTER SUNRISE SERVICE** at the Shawnee Lake Dam/ Spillway will be on Easter Sunday, April 12th 2009 at 7:00AM with Pastor Peggy Cromer officiating.

For over 20 years New Jasper United Methodist Church has had the honor of providing this service to our community right here at Shawnee Lake with our beautiful lake as a backdrop.

Please remember that... Regardless of the weather... the service will be held outside at the lake!!

The service is very **INFORMAL**... Most stand, some bring their lawn chairs and some even listen from their cars during the service. We have such a wonderful setting here at the lake... especially for a Sunrise Service! What better way to begin your Easter morning and celebrate the Risen Christ...as you watch the sun rise over our beautiful Shawnee Lake.

Immediately following the Sunrise Service, New Jasper United Methodist Church will be hosting their **PANCAKE BREAKFAST** as well. The church is located in New Jasper at 3060 Jasper Road. Just come in at the side door (East side) and go downstairs to the social room in the basement. The breakfast is free, but love offerings will be accepted. **EVERYONE IS WELCOME!!**

For more information call Carl Odle at 675-2931.

DIRECTIONS to Sunrise Service at **BOAT RAMP/SPILLWAY**: New Jasper Road to Shawnee Trail (turn at "Shawnee Hills sign"; Then, Right at 1st street onto North Lake Shore; Then, Right again at 1st street onto Ute Trail to boat ramp area. **OR If coming from the direction of Jamestown**: Take Quarry Road to Shawnee Trail (towards Jasper Road); Then, Left onto Ute Trail (closer to Jasper Road side of lake) to boat ramp area.

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What is a **GABION**



And What Does It Do?

Ga'bi'on (n) (gay-bee-un)

1. (Fort.) A hollow cylinder of wickerwork, like a basket without a bottom. Gabions are made of various sizes, and filled with earth in building fieldworks to shelter men from an enemy's fire.
2. (Hydraul. Engin.) An openwork frame, as of poles, filled with stones and sunk, to assist in forming a bar dyke, etc., as in harbor improvement.

A **Gabion Basket** is defined as a corrosion resistant wire container filled with stone used for structural purposes. They are fastened together and used for retaining walls, revetments, slope protection, channel linings and other structures.

The most common use is to stabilize shore against erosion. Other uses include retaining walls, temporary flood walls, to filter silt from runoff, and for small or temporary/permanent dams. They may be used to direct the force of a flow of flood water around a vulnerable structure. **Gabions** are also used as fish barriers on small streams.

Gabion Baskets have some advantages over loose riprap because of their modularity and ability to be stacked in various shapes. They also have advantages over more rigid structures because they can conform to ground movement, dissipate energy from flowing water and drain freely. Their strength and effectiveness may increase with time in some cases, as silt and vegetation fill the interstitial voids and reinforce the structure. They are sometimes used to keep stones which may fall from a cutting or cliff from endangering traffic on a thoroughfare.

Sources: Wikipedia and Webster's Dictionary.

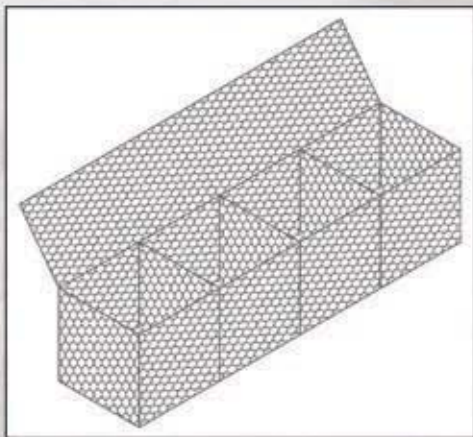


As you can see in this image the deterioration of the concrete dam near the bridge on Shawnee Trail is quite significant. Waters that were once slowed before entering the lake now flow freely under the dam allowing silt and other debris to enter the lake.

What will the Gabion Baskets do for Shawnee Lake?

They should help slow the fast-moving water during heavy rains and flooding thereby allowing the sediment to settle before entering the lake. While the wall is a solid structure water can weave its way through the loose stone. Many larger debris, including submerged logs, will be stopped before entering the lake and risking injury to skiers and boat propellers. Another benefit is the reduction of stocked fish swimming upstream through the holes of the failing concrete dam near Shawnee Trail.

While there is no perfect solution the Gabion Baskets will help keep the lake clean and reduce any additional silt buildup at the entrance to the lake. If you have any additional questions about the Gabion Baskets please attend the Annual Meeting on April 5th and more questions can be asked.



Wire mesh baskets like this one are filled with loose stone and wired shut to form a conformable, but enclosed framework to keep the stone in place





Help Wanted!

Lifeguards are needed at the beach. This is a paid position. Lifeguards must be certified (if you need to become certified, now is the time to get started for this summer's eligibility!).

Call **Mike Kelley** at 675-2560, or **Joyce Swearingen** at 675-6241.

Lake Patrol is looking for additional patrollers for the upcoming season. These too are paid positions. Hours are flexible, and training is offered.

Candidate will

- (1) be 21 years of age or older
- (2) be an experienced boater
- (3) be willing to take an approved boating safety course, paid for by SHPOA.
- (4) be a SHPOA member in good standing.

This position will be filled as soon as possible to begin preparing for the upcoming season. Any interested person(s) should contact:

Matt Simpson at 477-5990, or **Joyce Swearingen** at 675-6241.



New Property Owners of the Shawnee Hills Community



Matthew & Rikki Wolfe
4364 Chippewa Tr.

James & Beth Olymer
823 Quarry Rd.

Eric Gulley
782 Pontiac Tr.

Joseph & Allison Starns
4339 Navajo Tr.

Scott Mottice
4304 Shawnee Tr,

Richard Bull
Lot 70 - 1231 St. John Rd.

Michael & Martha Dixon
4552 Navajo Tr.

Paul James
1025 Huron Tr.

Douglas & Linda Mosier
4425 Pueblo Tr.

Joseph Brooks
835 Blackfoot Tr.

LET'S HAVE A COMMUNITY-WIDE GARAGE SALE!

Last year your ol' editor went to a city-sponsored garage sale in Centerville. There were literally dozens of Centerville homes participating, and there were lots and lots of shoppers going from sale to sale. The Chamber of Commerce put together maps of the participating homes with garage sales, and showed locations with public bathrooms, restaurants, etc. Garage sale operators reported that they had lots of customers, and sold lots of stuff. Cool, huh?

Anyway, as a trustee myself, I proposed this to the board last year, and they agreed in principle. So this year we decided to go ahead with the event. I remembered that Jamestown has a city-wide garage sale of their own, and it happens to be on June 26, 27, and 28 this year. So it seemed like a great idea to coincide our event at the same time as theirs.

So now we have a tentative date scheduled, but there are many more plans to be discussed and considered. We will briefly discuss the event during our upcoming Annual Meeting at the Max Powers Community Building. Please plan to be there with your thoughts, questions, and ideas.

Thanks!

Jim Wirth



TRADER'S CORNER

Policy: Classified ads in Smoke Signals are available as space allows **FREE** to all SHPOA members with current paid-up dues. Only non-commercial, non-business classifieds from private individuals will be run (**no groups, organizations, professionals, home businesses, etc**). Classifieds will be accepted or rejected at the discretion of the Smoke Signals editor. Limited to available space. Ads may be mailed to the editor, Jim or Della Wirth at 1013 Huron Trail or faxed to 372-1171. Articles and ads may also be delivered to the box at the house labeled "Smoke Signals", or e-mailed to rwirth@wirthadvertising.com. For further information call (937) 372-1331 or (937) 675-3123.

THANKS FOR USING THE TRADER'S CORNER!
Please let us know when ads can be pulled, so we can have room for more current ads.

chair, coffee table, end table and chaise. Red flowered cushions included. \$300. 675-2691.

FOR SALE: 1986 Glassport, open bow, 17.5 ft., 170 HP Mercruiser I/O, garage kept. Priced to sell, \$2000. Call 675-6376

FOR SALE: Frigidaire Glass Top Stove/Oven, Bisque Color, Speed Bake and Self Clean features, \$300. **Kenmore Washer & Dryer Set**, White, \$350. Washer is 70 Series, Heavy Duty, Super Capacity Plus, Quiet Pak, 5 water levels, 4 speeds, 4 temperature settings. Dryer is Heavy Duty, Extra Large Capacity, Timed, Auto and Air Dry options. **Kenmore Portable Dishwasher**, Black Front, Touch Controls, 5 Cycle Options, Delay Feature, \$200. Call 937-902-9495.

LAKE FRONT LOT FOR SALE: Lot #444 on Beach Trail. Frontage 60', Depth 256'. Please call 937-478-7253.

FOR SALE: Wakeboard Tower Speakers..2 years old.. 4 speakers/2 tweeters.. LED lights.. polished stainless steel.. speaker grill in sturdy black metal mesh \$500.00. Call 675-3380.

FOR SALE: Range/Stove Frigidaire, glass-top, white, only 2 years old. \$250. **Weight Machine** - Impex Fitness Products- Marcy Platinum Corner Gym GS99, home gym, two weight stacks, fits perfect in corner of room. Very nice! Asking \$300. **Bass Boat** - 340 Ranger with 150 Mercury. Lots of new upgrades. \$5,000. Chippewa Tr. 554-2175

FOR SALE: 12' x 7' carpet remnant for \$35. Light bluish-gray plush with a few small light stains but still in great condition. Used only one year in college dorm room. Please call Carrie at 937-302-9004 and leave message if no answer.



Chris Bailey - Agent of Choice



Chris Bailey, Realtor®

As a member of the Shawnee Lake community, I just wanted to let you know that I am a licensed real estate agent willing to work hard for you so that you don't have to. Contact me today if you are interested in buying or selling a home. I look forward to working with you!

Contact Information:

Cell: 937-475-2773
Email: Chris@SheridanTeam.com
Web: www.chrisbaileyhomes.com

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WANTED: Single person kayak. Please call 675-2330 if you have one to sell.

FOR SALE: Ash Firewood, Ladies Wool (long) and Suede (long) Winter Coats size 16 - \$75 for both. Polytone Amplifier - \$250. - call for further info (937) 244-5129

FOR SALE: White wicker patio set (from Plow & Hearth). Love seat,

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April 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 ANNUAL MEETING 2:00 at the Community Building	6	7 Aerobics 6:30-7:30 PM	8 April Fools Day	9 Aerobics 6:30-7:30 PM	10 Good Friday Boat & Water Ski Club	11 EASTER EGG HUNT
12 EASTER	13	14 Aerobics 6:30-7:30 PM	15 Tax Day Deadline for Smoke Signals Ads & Articles	16 Garden Club 12 - 3:30 PM Aerobics 6:30-7:30 PM	17 Arbor Day	18 Stickers 11-1:00 PM
19	20	21 Aerobics 6:30-7:30 PM	22 Earth Day	23 Aerobics 6:30-7:30 PM	24	25 Stickers 11-1:00 PM
26 Community Building Rented	27	28 Aerobics 6:30-7:30 PM	29 Quilter's Club	30 Aerobics 6:30-7:30 PM		Community Building Rented

Watercraft Stickers will be on sale one hour before and one hour after the Annual Meeting on 2:00 Sunday, April 5, 2009.
Other dates this month for Watercraft Sticker sales will be April 11, 18, 25 and May 2, 9, 16 at the office on Ute Trail from 11-1:00 PM



SMOKE SIGNALS

Shawnee Hills Property Owners Association
P.O. Box 216
Jamestown, OH 45335

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Clerk

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Assistant Beach Operations*

Brandon Huddleson 675-3130
Vice President, Info Sign, Asst. Lake Patrol, Rental House, Dam Maintenance.

Mike Kelley 675-2560
*Beach Operations, Assistant Lake Operations/Patrol,
Assistant Community Building*

Matt Simpson 477-5990
Lake Operations/Patrol, Treasurer, Assistant Prop. Maint.

Maxine Thomas 675-6487
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SHPOA Annual Meeting 2009

Please see page 3 inside to find out more information for this year's meeting Saturday, April 5th at the community building. This will also be the first time members can purchase their boat and watercraft stickers so please mark your calendars.